

# My Well-being & Recognition

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Please click on the titles below to open the articles with the relevant information:

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### [EMPLOYEE ASSISTANCE PROGRAM \(EAP\)](#)

Find out more information on the new Employee Assistance Program here!

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### [WELL-BEING AT WORK - EMPLOYEE INFORMATION](#)

These information pages will help you to understand how you, as an individual, can look after your own well-being and contribute to that of your colleagues, understand what well-being at work is and how it translates into behaviors in everyday working life.

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### [RECOGNITION AT SYENSQO](#)

During your employee journey at Syensqo you and your efforts, time and energy should be noticed, recognized and rewarded. Click here to read more information on the Recognition programs at Syensqo.

- [Syensqo Cares](#)
- [Global Benefit Plans & Programs](#)
- [Country & Site Benefit Plans & Programs](#)

Reading material:

- [Syensqo Solidarity Fund Report](#)