

Giving & Receiving Feedback - EE

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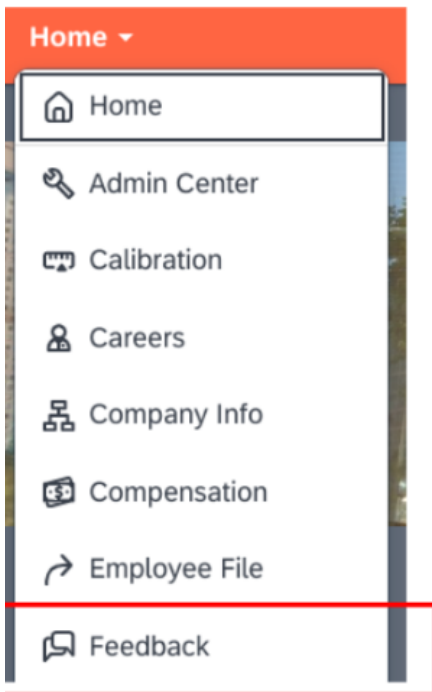
INTRODUCTION

Feedback is a key step to nourishing self-awareness and learning toward growth. Feedback makes us feel recognized for what we have achieved, and it makes us aware of our strengths. It is also an opportunity to identify areas of development to help us improve the overall quality of our work and learn new skills as necessary.

Feedback is information about the past, delivered in the present, which can positively influence our future behaviors.

HOW TO REQUEST AND RECEIVE FEEDBACK IN MY HR SERVICES

[My HR Services](#) - Select **Feedback** > Choose whether you want to Request Feedback, View Feedback Requests or Give Feedback:



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