

Addressing an Employee's Well-being Actively

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ADDRESSING WELL-BEING ACTIVELY

this Moment Matters

Creating a healthy working environment where employees can be at their best and feel safe is the essential layer. As colleagues, manager, and employer, we have a responsibility to create this environment and to support one another, to navigate tough times.

What to do as a leader

- Well-being is a very personal topic. Therefore, do not assume to know how someone is doing or what would be the needs of that person.
- How can you help creating a climate of open dialogue and trust?
- Can you detect signs of alert and raise open questions to show your availability towards the employee?

"How are you really doing?" - Article on SolvayONE

Well-being at work initiative is designed to help us cope better. [Click here to read this article.](#)

WELL-BEING AT WORK - A GUIDE FOR SOLVAY MANAGERS

If you are new to Solvay's Wiki space, you may need to link your Google Drive in order to see embedded documents.

Follow the instructions [here](#).

WELL-BEING FLYER

Broken macro

[Click here to access the folder with the Well-being flyers in different languages.](#)

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