

# Addressing an Employee's Well-being Actively 1

## Addressing an Employee's Well-being Actively

### ADDRESSING WELL-BEING ACTIVELY

#### this Moment Matters

Creating a healthy working environment where employees can be at their best and feel safe is the essential layer. As colleagues, manager, and employer, we have a responsibility to create this environment and to support one another, to navigate tough times.

#### What to do as a leader

- Well-being is a very personal topic. Therefore, do not assume to know how someone is doing or what would be the needs of that person.
- How can you help creating a climate of open dialogue and trust?
- Can you detect signs of alert and raise open questions to show your availability towards the employee?

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#### "How are you really doing?" - Article on The Hub

Well-being at work initiative is designed to help us cope better. [Click here to read this article.](#)

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#### WELL-BEING AT WORK - A GUIDE FOR SYENSQO MANAGERS

If you are new to Syensqo's Wiki space, you may need to link your Google Drive in order to see embedded documents.

For the instructions [here](#).

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• [Medical referents by Region \(HSE Wiki\)](#)

